

BASIC HOME SAFETY:

- Clear pathways.
- Secure or remove throw rugs.
- Use a night light
- Stairs should be well lit with light switches at top and bottom and secure handrails on both sides.
- In case of emergency, have a phone near your bed. Post emergency numbers near the telephone.
- Coil or remove cords.
- Use three prong grounding plug.
- Plan fire escape paths.
- Have an electrician check wiring and outlets if your home is over 10 years old.
- Have properly working smoke detectors, and follow the manufacturer's directions for testing and battery replacement.
- Keep flashlight and batteries handy on each floor of your home.
- Know phone number for Poison Control Center.
- Know how to call "911" or emergency medical transportation
- Store medicines and supplies in a safe, dry place. Make sure containers are clearly marked. Dispose of outdated medications properly. Request non-child-resistant closures if you are unable to open containers.
- Keep equipment dry and clean
- Only use equipment as directed
- Keep bathrooms safe, bathtubs and showers equipped with handrails and non-skid mats.
- Always clean and maintain medical equipments according to the company instructions. Call if you need assistance.

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